



## INSIDE TAKE 2

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# Quit Smoking for Life

*Preventive Services Benefit Available January 1, 2015*

**If you feel like you've tried everything else,  
try the Quit for Life® Program!**

**T**he SAG-Producers Health Plan and Alere Wellbeing® have partnered up to offer the Quit for Life® program to our participants and their dependents who are 18 years old and over with no cost share. The Plan currently covers tobacco use screening and counseling in a doctor's office and will, effective January 1, 2015, offer this comprehensive benefit from Alere.

The Quit For Life® Program, brought to you by the American Cancer Society® and Alere Wellbeing®, is the nation's leading tobacco cessation program. The program helps people overcome physical, psychological and behavioral addictions to tobacco using medication support, phone-based

coaching and web-based learning. A highly trained Quit Coach® helps participants gain the knowledge, skills and behavioral strategies to quit for life.

Participants receive up to five outbound coaching calls and unlimited access to a Quit Coach throughout the program. They are provided a printed workbook and access to Web Coach®, an online community comprised of e-learning tools and social support.

Since 2004, more than 800,000 people have enrolled in the Quit For Life Program and satisfaction levels have remained consistently above 90%. The program was developed by nationally recognized experts; has been subject to continuous improvement in the past 25 years; and reflects Alere Well-

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# Quit Smoking for Life

*Preventive Services Benefit  
Available January 1, 2015*

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being's standards of excellence in industry-leading outcomes and service quality.

The Quit For Life Program uses the 4 Essential Practices to Quit For Life:

- 1. Quit At Your Own Pace:** Quit on your own terms, but get the help you need, when you need it.
- 2. Conquer Your Urges to Smoke:** Gain the skills you need to control cravings, urges and situations involving alcohol.
- 3. Use Medications So They Really Work:** Learn how to supercharge your quit attempt with the proper use of nicotine substitutes or medications.
- 4. Don't Just Quit, Become a Nonsmoker:** Once you have stopped using tobacco, learn to never again have that "first" cigarette.



Preventive Services Benefits are provided at no cost to participants when received from a network provider. Please see [www.healthcare.gov/preventive-care-benefits](http://www.healthcare.gov/preventive-care-benefits) for a list of covered benefits.

## The Benefits of Quitting Smoking

You may have been smoking for so long that it feels like a physical part of you. **No matter how long you've smoked, your health will start to improve within 20 minutes of quitting**, when your heart rate and blood pressure will drop. **After just two weeks** your circulation improves and your lung function increases, and **after one year** your excess risk of coronary heart disease will be half that of a continuing smoker.

*Holiday  
Greetings*

**FROM:**

The Board of  
Trustees and  
Staff of the  
Screen Actors  
Guild —  
Producers  
Pension  
and Health Plans



## Health Plan to Increase Your Vaccination Options

*Preventive Services Benefit Effective April 1, 2015*

The Trustees are pleased to announce that the Health Plan is increasing your vaccination options beginning April 1, 2015. In addition to receiving vaccines in your doctor's office or MPTF clinic, you and your family will now be able to obtain preventive care vaccinations at Express Scripts network pharmacies at no cost to you. Not all Express Scripts pharmacies will be able to give all covered vaccines at all times. If you want to obtain a vaccine, you should contact your local network pharmacy regarding vaccine availability and times for administration. Once you have verified the pharmacy has the vaccine and can administer it, simply visit your pharmacy, present your Express Scripts ID card and the pharmacy will take care of the rest. The following vaccines will be covered under the applicable preventive services benefit with no cost share:

- Flu
- Pneumonia
- Zoster (shingles)
- Hepatitis A and B
- Childhood diseases (measles, mumps, etc.)

- HPV
- Meningitis
- Tetanus/diphtheria/pertussis

For more information on covered preventive services, please see [www.healthcare.gov/preventive-care-benefits](http://www.healthcare.gov/preventive-care-benefits).

Rabies and travel immunizations will also be covered, although they are not considered preventive services. Instead, the regular prescription drug copay and deductible will apply.

**Need a vaccine before April 1, 2015? Visit an Anthem network provider or MPTF clinic to take advantage of the current preventive services benefit.**

**For more information on adult vaccinations and how staying up-to-date on your shots keeps you and your family healthy, visit [All-vax.org](http://All-vax.org)**

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## Change for Specialty Drug Prescriptions – First Fill Must Be at Express Scripts’ Accredo Pharmacy

*Beginning April 1, 2015*

**U**nder the new rule effective April 1, 2015, first fills for specialty drugs at retail pharmacies will no longer be available. The Plan’s exclusive relationship with Express Scripts for specialty drugs is designed to save our participants money. For example, the maximum payment at Accredo for specialty drugs is \$125 per preferred brand prescription whereas at retail pharmacies, costs can add up to several thousands of dollars in copays for a single prescription. Accredo’s specially trained clinicians are focused on helping people with complex and chronic conditions. Any prescription that goes through the Accredo pharmacy is handled by a pharmacist who special-

izes in the disease the drug is used to treat.

The Health Plan has used Express Scripts’ Accredo pharmacy as its specialty drug pharmacy since 2009. Specialty drugs are a class of drugs used to treat complex diseases. These drugs are usually quite powerful and expensive and require special handling. Simply tell your doctor that any specialty drugs must be prescribed through the Accredo pharmacy. You can immediately start receiving your first fill of any specialty drug through Accredo and do not have to wait until April 1, 2015. Please visit Express Scripts’ website to learn if a drug that your doctor is considering prescribing is a specialty drug.

## Same-Sex Spouses to Receive Equal Treatment Under Medicare’s Coordination of Benefits Rules

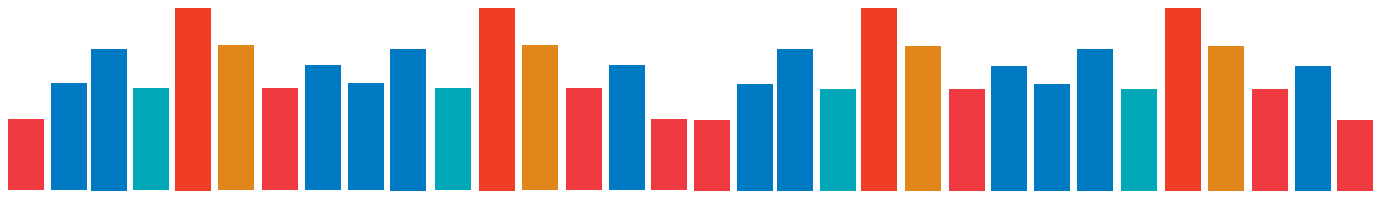
*Effective January 1, 2015*

**S**AG-PHP participants who are over 65 and have enough sessional earnings to gain Earned Active Coverage (excluding residuals) remain primary with the Health Plan. This is known as Medicare’s Working Aged Provision. While the Health Plan would also be primary for opposite-sex spouses over 65, the federal Defense of Marriage Act (DOMA) prohibited Medicare from applying the Working Aged Provision to same-sex spouses. With the dissolution of Section 3 of DOMA, Medicare has announced

that, effective January 1, 2015, the term “spouse” will also apply to individuals in a same-sex marriage under the Working Aged Provisions. The Health Plan has adopted this change as well.

Please note, the Health Plan does not require you to enroll in Medicare Part B if you have Earned Active eligibility. Medicare will continue to be the primary payer for same-sex domestic partners who are over age 65.

Questions? Contact Participant Services at (800) 777-4013.



# Summary Annual Report for Screen Actors Guild – Producers Health Plan

**T**his is a summary of the annual report of the Screen Actors Guild – Producers Health Plan (EIN 95-2110997, PN 501) for the year ended December 31, 2013. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

## Basic Financial Statement and Insurance Information

The value of the Plan assets, after subtracting liabilities of the Plan, was \$293,029,642 as of December 31, 2013, compared to \$303,057,891 as of January 1, 2013. During the year, the Plan experienced a decrease in its net assets of \$10,028,249. This decrease includes unrealized appreciation or depreciation in the value of the Plan assets; that is, the difference between the value of the Plan’s assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. The Plan had total income of \$198,450,966 including employer contributions of \$157,227,672, employee and participant contributions of \$35,807,562, other income of \$2,516,248, realized loss of \$1,859,261 from the sale of assets, unrealized depreciation in the value of Plan assets of \$584,202, and earnings from investments of \$5,342,947. Plan expenses were \$208,479,215. These expenses included \$20,591,882 in administrative expenses and \$187,887,333 in benefits paid to participants and beneficiaries.

The Plan has a contract with Metropolitan Life Insurance Company to pay life insurance and accidental death and dismemberment claims incurred under the terms of the Plan. The total premiums paid for the Plan year ended December 31, 2013 were \$1,371,865.

## Your Rights to Additional Information

You have the right to receive copies of the full annual report, or any part thereof, on request. The following items are included in the report: an accountant’s report, assets held for investment, transactions in excess of 5% of Plan assets, financial information and information on payments to service providers and insurance information including sales commissions paid by insurance carriers.

To obtain a copy of the full annual report or any part thereof, write or call the office of: Mr. Michael Estrada, Chief Executive Officer (CEO), P.O. Box 7830, Burbank, CA 91510-7830. The charge to cover copying is 25 cents per page.

You also have the right to receive from the CEO, on request and at no charge, a statement of the assets and liabilities of the Plan and accompanying notes, or a statement of income and expense of the Plan and accompanying notes, or both. If you request a copy of the full annual report from the CEO, these statements and accompanying notes will be included as part of those reports. The charge to cover copying costs given above does not include a charge for the copying of these portions of the reports because these portions are furnished without charge.

You also have the legally protected right to examine the annual report at the main office of the Plan: 3601 W. Olive Avenue, Burbank, CA 91505, and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.





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## SCREEN ACTORS GUILD – PRODUCERS PENSION AND HEALTH PLANS

PO Box 7830  
Burbank, CA 91510-7830



### Moving???

When you move, you must notify the Pension and Health Plan Office so that you will continue to receive information about your eligibility and benefits. This is especially important now that premium payment coupons are mailed every quarter to your address on file.

You can change your address with the Plan Office four different ways:

- Online at [www.sagph.org](http://www.sagph.org)
- Call the Plan Office
- File a Change of Address Card
- Write or FAX a letter to the Plan Office

SAG-AFTRA is a separate entity from the Pension and Health Plans and requires a separate notice for change of address.

*Sign up for web access to all your information at [sagph.org](http://sagph.org)* 

### PENSION AND HEALTH PLANS DIRECTORY

**Burbank Plan Office: (818) 954-9400 or (800) 777-4013**  
**Fax: (818) 953-9880 • Email address: [psd@sagph.org](mailto:psd@sagph.org)**  
**website: [www.sagph.org](http://www.sagph.org)**

<b>IF YOU NEED:</b> .....	<b>ASK FOR:</b>
<b>Benefit and Eligibility Information</b> .....	Participant Services
<b>Pension Plan Information</b> .....	Pension Department, Ext. 2020
<b>Information on Medical Claims</b> .....	Participant Services
<b>Information on Mental Health/Substance Abuse Coverage</b>	
ValueOptions .....	(866) 277-5383
<b>Information on Dental Claims</b>	
Delta Dental — Member Services .....	(800) 846-7418
— Directories .....	(800) 846-7418
<b>Information on Prescription Drugs</b>	
Express Scripts .....	(800) 903-4728
Prescription Pre-Authorizations .....	(800) 753-2851
<b>NEW YORK Plan Office</b> .....	(212) 599-6010
275 Madison Ave. #1819, New York, NY 10016	