

MAXIMIZE YOUR HEALTH AND PRESCRIPTION DRUG BENEFITS

Making smarter healthcare decisions

*Transparency. Affordability.
Options. Savings.*

The SAG-AFTRA Health Plan (the Plan) offers programs and tools to help you make the most of your benefits while helping you save money.

In this newsletter, you'll find highlights of the programs we offer, tips for how to use them and reminders for staying healthy through the coming months.

Turn the page to keep reading!



What's inside

- 2 Activate Rx Savings Solutions and pay less for prescription drugs
- 2 Rx Savings Solutions and GoodRx: A partnership that benefits you
- 4 One-on-one support for complex conditions
- 5 Your health is what matters most: Introducing Transarent Surgery Care
- 6 Focus on women's health: PCOS awareness
- 7 Important reminders

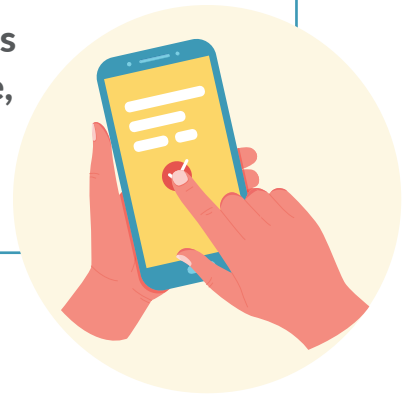
Don't leave money on the table!

Activate Rx Savings Solutions

Are you overpaying for your medication? If you are, how would you know? More importantly, what steps can you take to spend less?

Rx Savings Solutions has answers. Offered through the Plan at no cost to you, Rx Savings Solutions is a confidential service that clarifies prescription drug costs, identifies lower-cost alternatives and provides customized ideas for saving money on all your medications. But you can't get the savings if you don't use the service!

Accessing savings through Rx Savings Solutions is simple, easy and one touch away!



Here's how you can take advantage of simple, doctor-approved ways to pay less for your medications:



Review your savings. We show your best opportunities to save.

- **NEW!** GoodRx discount card and coupons
- Lower-cost alternatives
- Better prices at nearby pharmacies

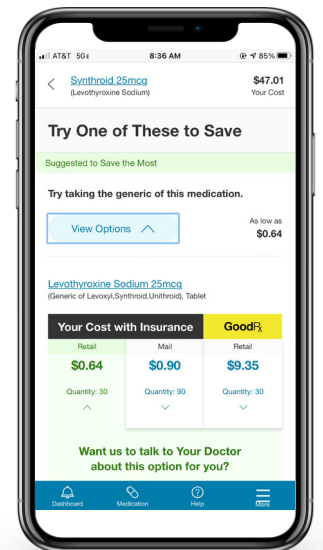


Click to switch. We handle approvals and transfers with your doctor.



Relax. We watch prices 24/7 and notify you when anything changes.

For more details, go to our website, sagafraplan.org/health.



Rx Savings Solutions + GoodRx = A partnership that benefits you

NOW YOU HAVE EVEN MORE WAYS TO SAVE

Rx Savings Solutions has partnered with GoodRx to offer you more options for saving money on prescription drugs. With the GoodRx discount card and coupons, you pay cash for your medication at prices that may beat insurance prices. Use Rx Savings Solutions and GoodRx to evaluate every drug treatment option available for your condition, see what each option costs under the Plan and compare them to the GoodRx discount card and coupon price. Simply register or log in to view the savings options.

Rx Savings Solutions portal is also available in Spanish. *Aplicación disponible en Español.*



How Rx Savings Solutions helped Anna save \$716 per year on her medication!



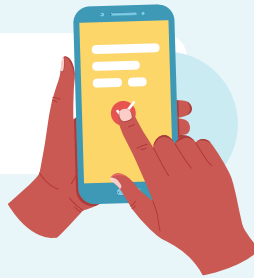
1 Anna pays \$200 for a 90-day supply of Viibryd, a brand-name drug.



2 She downloads the Rx Savings Solutions app and receives an alert on her phone.



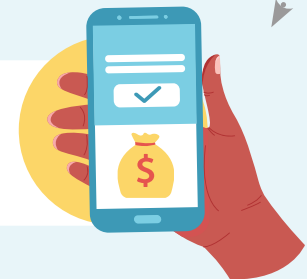
3 She touches the alert, which grants her full access to the service and potential savings.



4 She sees Prozac is available in generic form — and costs only \$21 for a 90-day supply.



5 Rx Savings Solutions reaches out to Anna's doctor, who approves the switch to Prozac. Now Anna saves \$179 for every refill. That's \$716 per year!



How much money can Anna save?

	Before Rx SS	After Rx SS
Drug name	Viibryd	Prozac
Drug form	Brand name	Generic
Participant cost	\$200 for 90-day supply	\$21 for 90-day supply

**Anna's total savings:
\$179 for every refill**

**That's \$716 per year
in her wallet!**

One-on-one support for complex conditions

Get to know AccordantCare:

A CVS Specialty nurse care management

Living with a rare or chronic disease is challenging in the best of times. Imagine being able to contact a nurse familiar with your needs, by phone or secure message, to help you understand symptoms, side effects or flare-ups when your doctor isn't available. Now, with the risk of complications from COVID-19, it's even harder. If you're facing the unique difficulties that come with a complex illness, AccordantCare can provide extra support and care.

AccordantCare helps participants diagnosed with Crohn's disease, epilepsy, HIV, multiple sclerosis, rheumatoid arthritis and other conditions — all of which can be exacerbated by COVID-19.

If you're diagnosed with a rare illness, here's what happens:

- 1 **AccordantCare is alerted** when you fill a prescription for a specialty medication.
- 2 An AccordantCare **nurse will reach out.**
- 3 **Answer the phone!** When you do, you'll have access to:
 - 24/7 support and education
 - Routine health risk assessments
 - Personalized education and monitoring
 - Online patient portal

You have quick and easy access to support through AccordantCare

Imagine being able to contact a nurse familiar with your needs, by phone or secure message, to help you understand symptoms, side effects or flare-ups when your doctor isn't available.



Call (844) 961-2621 for more details.

Scan the QR code to see how AccordantCare helped a person in need.



Accordant[®]
♥ CVS specialty nurse care management

NEW FOR 2022!

Your health is what matters most: Introducing Transcarent Surgery Care

Starting in 2022, the SAG-AFTRA Health Plan is proud to offer participants access to top-quality surgery through Transcarent Surgery Care. Transcarent will be included in your benefits, which means the Plan pays the cost of your surgery.

Transcarent offers:

- **High-quality care.** Transcarent's stringent standards for providers ensure that you receive the best care specific to your procedure. Participants who choose Surgery Care have 80% fewer complications compared to the national average.
- **Help every step of the way.** A dedicated Care Coordinator provides concierge support that takes the headaches out of approvals, scheduling and paperwork.
- **Is there really no cost to me? YES!** Surgery costs are covered at 100% for participants and eligible dependents. You'll never receive a surprise bill!



Excellent care at no cost to you

With Transcarent Surgery Care, you pay \$0. You read that right – surgery costs are covered 100%!

Transcarent Surgery Care is an optional benefit

You're not obligated to use Transcarent services. If you need surgery and prefer to see your own providers, you may do so.

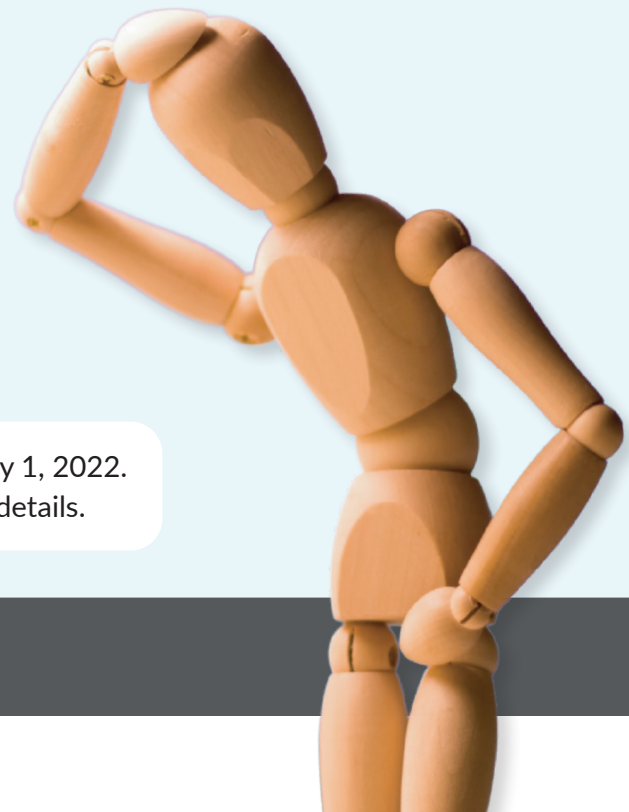
Note: If you have surgery and do not use Transcarent Surgery Care, your plan deductible and coinsurance will apply. Visit sagafraplans.org/health for more information.

Need surgery?

Transcarent covers these surgical procedures:

- Bariatric
- Cardiac
- General
- Orthopedic
- Spine
- Women's health
- Vascular
- Neurological

Transcarent services will be available starting January 1, 2022. Until then, please visit sagafraplans.org/health for details.



SurgeryCare

A TRANSCARENT HEALTH & CARE EXPERIENCE

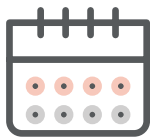
Focus on women's health



What is polycystic ovary syndrome (PCOS)?

Polycystic ovary syndrome is one of the most common hormonal disorders in the United States. PCOS can increase the risk of some types of cancer, including cancer of the endometrium, which is the inside lining of the uterus, and ovarian cancer. PCOS is also linked to conditions like diabetes, heart disease, sleep apnea and female infertility.

Symptoms of PCOS can start as early as puberty, around the time of the first menstrual period. However, it can also develop later, for example, in response to substantial weight gain. Signs and symptoms vary but include:



Irregular periods



Excess facial and body hair



Difficulty getting pregnant

PCOS symptoms are typically more severe if you're obese.

Although there is no known prevention for PCOS, through proper nutrition and weight management, many women with PCOS can avoid developing diabetes and cardiovascular problems. Remember, the Plan covers annual physicals with in-network providers at 100% with no deductible. Ask your provider about PCOS if you are experiencing any of the symptoms noted above.



Make time for your health screenings

The Plan covers a wide range of preventive services for women, including cervical cancer screening, mammography and HIV screening at no cost. If you're pregnant, you can tap into many healthcare services and resources for free as well.

Go to [healthcare.gov/preventive-care-women](https://www.healthcare.gov/preventive-care-women) to see the full list of what's covered (and when, based on your age and family history).

Women's Health and Cancer Rights Act of 1998

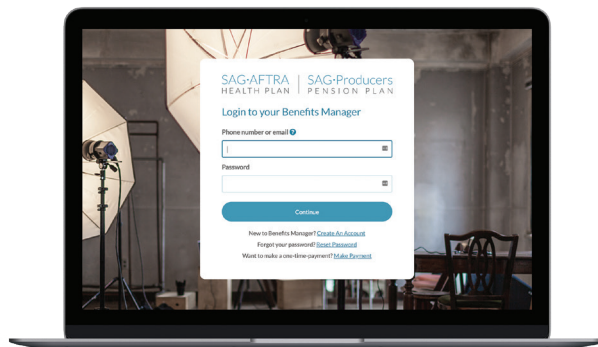
The Women's Health and Cancer Rights Act (WHCRA) provides protection for individuals who elect breast reconstruction after a mastectomy. If you have had or are planning to have a mastectomy, you may be entitled to certain benefits under the WHCRA. Contact the Plan, or refer to the Summary Plan Description for details.

Important reminders

Stay up to date and organized on Benefits Manager

Benefits Manager is your one-stop platform for all your personalized information. We encourage you to log in to Benefits Manager regularly at my.sagaftplans.org/benmgr. Through your Benefits Manager account you can:

- Confirm your benefit period dates.
- Keep track of your reported covered earnings and alternative days worked.
- Pay your Plan premiums.
- Check your claims and progress toward meeting your deductible.
- See your eligibility for COBRA assistance benefits from the Plan.
- Update your personal information, address and dependents.
- Send secure messages to the Plan.



Change to The Industry Health Network (TIHN) benefits slated for January 1, 2022

Historically, the entertainment industry plans have maintained an exclusive provider relationship with UCLA/TIHN. Starting January 1, 2022, the terms of this relationship will change. You will continue to have access to in-network UCLA/TIHN clinics and providers as a part of the Anthem network, and the Plan's in-network cost-sharing will apply. For instance, you'll pay a \$25 copay for office visits (as you do today), but you'll need to meet a deductible for other services, such as X-rays or surgeon's fees. Check out the Active Plan benefits summary at sagaftplans.com/health for more details. This benefit change applies only to participants seeing providers at TIHN specialists' offices and the six MPTF/UCLA clinic locations in Southern California. The clinics and TIHN providers remain in Anthem's network, and in-network benefits will apply.

Contact the Plan at (800) 777-4013 if you have questions.

Do you have multiple prescription drug coverages?

Great news! You don't have to go through the hassle of filing paper claims to get reimbursed if you have prescription drug coverage through an additional plan. Coordination of your benefits can happen right at a CVS Pharmacy!

Here's how it works:

- 1 Present your CVS ID card and any other Rx insurance cards at the pharmacy checkout.
- 2 The pharmacist will review and apply appropriate insurance.
- 3 That's it! No need for you to submit paper claims.

COVID-19 reminders

In a recent informal poll, we asked SAG-AFTRA Health Plan participants if they received the COVID-19 vaccine and, if so, where. For those who said yes, results were all over the map — literally. Along with CVS Pharmacy locations that ranged from Burbank, California, to 34th Street in New York City, participants have received vaccinations at universities (UT Southwestern, Texas), train stations (MARTA station, Georgia), convention centers (Hynes, Massachusetts), fire departments (California) and racetracks (Aqueduct, New York).

Still not vaccinated or thinking about getting a booster? There is no cost for the vaccine or booster.

For more information about your benefits

Go to sagaftraplans.org/health.

Call the Plan at (800) 777-4013.

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HEALTH PLAN